

METHODE KAWAISHI

CLASSIFICATION

des 146 Mouvements de la Méthode



PROJECTIONS DE JAMBE

NAGE-WAZA : ASHI-WAZA



PROJECTIONS DE HANCHE

NAGE-WAZA : KSHI-WAZA



PROJEC. D'ÉPAULE ET DE BRAS

NAGE-WAZA : TE-WAZA



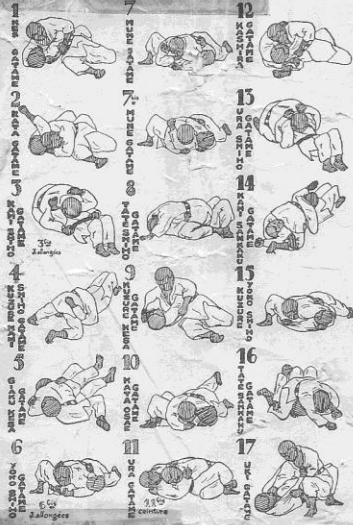
SUTEMI

NAGE-WAZA : SUTEMI-WAZA



IMMOBILISATIONS

NE-WAZA : KATAME-WAZA



STRANGULATIONS

NE-WAZA : SHIME-WAZA (1^{re} SECTION)



STRANGULATIONS

NE-WAZA : SHIME-WAZA (2^e SECTION)



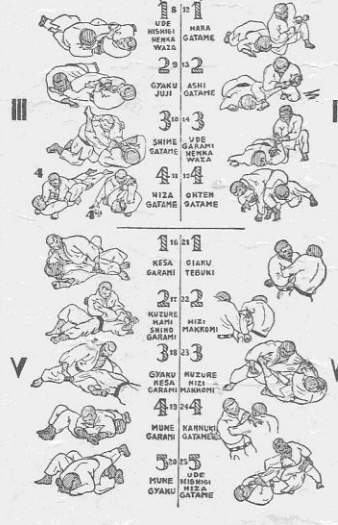
LUXATION DE BRAS

NE-WAZA : UKIWANSETSU



LUXATIONS DE BRAS

(SUITE)



LUXATIONS DE JAMBE ET DE COU

NE-WAZA : ASHI-KUBI-KWANSETSU

